

“We can not solve our problems with the same level of thinking that created them”
—[Albert Einstein](#)



Shanna has over 25 years of experience in improving employee health & productivity. She is board certified in Occupational Health Nursing and the current President of the Ohio State Association of Occupational Health Nurses.

Certified as an Intrinsic Health Coach, she has developed and implemented corporate wellness programs that improve employee health outcomes and demonstrate value to the businesses she serves. A show host on NE Ohio Biz TV Shows she offers free advice on safety, health and wellness programming.

A warm and inviting personality with a passion for improving individual health outcomes while keeping businesses profitable.

The American Health Care System is broken.

Employers are paying more and more for the costs associated with poor health choices. How do we turn this trend around?

With a positive and upbeat attitude, Shanna shares her passion and experience working with employers to improve employee health & productivity to reduce the overall impact of rising health care costs that burden American businesses.

Most Requested Presentations:
Total Worker Health: Best Investment to Improve Employee Health and Productivity: Struggling with recruitment, engagement and retention? Creating an environment of health and wellbeing allows employees to be more productive. This session demonstrates a practical and cost-effective approach to Total Worker Health.

Incorporating Wellness into your Safety Programming: Looking for an easy way to start a wellness program at your company? As we know, this requires a change in company culture. Taking lessons learned from her work moving companies toward a culture of Safety, she demonstrates how to leverage this toward creating a culture of health and well-being.

Occupational Health Professionals: Be part of the Population Health Solution: Health care providers that serve the employer community are in a unique position to positively impact the health of the entire employee population for area businesses. Targeting physicians, nurses, sales people and wellness vendors that work or want to work with corporations. Be part of the solution to reducing health care costs while improving business profits.

Call today to schedule Shanna at your next event

